

CPVMA NEWSLETTER

JULY 2024

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HIGHLIGHTS

- EXECUTIVE SPOTLIGHT - ASHLEY AND ZARA
- INSTAGRAM TAKEOVER
- ANNUAL GENERAL MEETING 2024
- MERCHANDISE STORE OPENED

WELCOME TO THE 3ND ISSUE OF THE CPVMA MONTHLY NEWSLETTER!!

The monthly newsletter is your go-to source for all things CPVMA. Stay connected with event updates, read articles of inspiring experiences shared by pre-vet and current vet students, new opportunities for animal experience. Keep up with our news and highlights to empower your journey into veterinary medicine. All our newsletters will be available to read in our Newsletter Archives on our website. Thank you for being a part of our community.

EXECUTIVE TEAM UPDATES

The executive team has started planning for future events, including a silent auction and a potential dog walk-a-thon, and we are actively seeking sponsors and partners for these activities. Symposium participants should have received a code to order their free tote bags. Our Instagram takeovers of platinum sponsors have begun, starting with Ross University School of Veterinary Medicine. Next up we have St. Matthew's University presenting on July 17th, and we look forward to their showcase of university life. Additionally, we are preparing for the internal election of the executive team for the next term and getting ready for summary reports and new position recruitment, which will take place during our Annual General Meeting.

More details in following pages...

by your VP of Public Relations

EXECUTIVE SPOTLIGHT - ASHLEY & ZARA

Hi everyone! My name is [Ashley Howard](#), and I have been the [VP of Outreach](#) for the CPVMA for the past two years! Currently, I am finishing my studies at the University of Toronto in biological science and statistics. Throughout my time with the CPVMA, I have had the pleasure of connecting with so many amazing people in veterinary medicine from all across Canada!

Additionally, my route to vet school is unique as I first studied to become a licensed veterinary technician before attending university. This has allowed me to gain experience working with a variety of different small, large, exotic and laboratory animals, as well as the opportunity to practice lots of hands-on skills. A highlight of my career has been working at an emergency and referral hospital, where I have broadened my understanding in a variety of departments from ophthalmology to dermatology. However, my education and experience have allowed me to find a passion for epidemiology and research! If anyone has any questions feel free to reach out!



EXECUTIVE SPOTLIGHT - ASHLEY & ZARA

Hi everyone! My name is Zara Chioran, I am the VP of Media for the CPVMA. I have been part of the CPVMA team for 3 years, having previously been a volunteer and the Vice President of Events. This will be my last year with the CPVMA, so if you're interested in managing our socials, make sure to keep an eye out for VP Media application and election details at the end of the summer! I have thoroughly enjoyed bringing events and opportunities to the pre-veterinary community and look forward to seeing the association flourish!

A little bit about me... I am from Toronto and attended the University of Guelph. I just graduated with a bachelor's degree in Animal Biology and will be starting Phase 1 at the Ontario Veterinary College this September. Despite being raised in a big city, my interests lie in large animal medicine, and following the completion of my DVM degree, I hope to gain advanced training at the Summer Dairy Institute at Cornell University. If I could offer one piece of advice to pre-vet students it would be this: your failures do not define you. As someone who was rejected from OVC on their first application, I know that feeling of defeat all too well. It is important to remember, however, that a bad grade or a rejection letter do not make us who we are. With that, I'd like to remind all of you to reflect on your "why" and be kind to yourself on this journey!

It was a pleasure serving you all as part of the CPVMA team and I wish everyone the best of luck on their path to vet school!



INSTAGRAM TAKEOVER

Thank you, Ross University School of Veterinary Medicine, for sharing more information about your program through our Instagram story. For those who want to revisit it, the entire takeover has been added to our Story Highlights under "Ross Takeover".

St Matthew's University School of Veterinary Medicine is returning to take over CPVMA's Instagram for a second time on July 17th! Join a current veterinary student at SMU to learn more about what it's like to study in the Cayman Islands. Meet professors and deans, take a trip to the beach, and visit the clinical teaching facility through our Instagram stories.

Don't miss this opportunity to ask questions and explore life as a student abroad!



The graphic is a light blue rectangular poster. At the top center is the CPVMA/ACPMV logo, which includes a line-art illustration of two dogs' heads. Below the logo, the text "CPVMA/ACPMV" is written in a serif font, with "Canadian Veterinary Medical Association" and "Association canadienne des vétérinaires" in smaller text underneath. The main title "INSTAGRAM TAKEOVER" is written in large, bold, blue, sans-serif capital letters, arched across the middle. To the left of the central text is a yellow paper airplane with a dashed line trailing behind it. In the center is a white square containing the St. Matthew's University crest, which is a circular seal with a shield in the center and the text "ST. MATTHEW'S UNIVERSITY" around it. Below the crest, the text "ST. MATTHEW'S UNIVERSITY" is written in a serif font. To the right of the central text is a cartoon illustration of a yellow dog with orange spots, standing next to a computer monitor. Above the dog is a pink square with a white plus sign. Below the dog are two small bottles of medicine. At the bottom, the text "Join a current St. Matthew's University School of Veterinary Medicine student as they take over the CPVMA's Instagram for a day! Learn more about what it's like to study abroad as a Canadian student." is written in a sans-serif font. At the very bottom, the date "JULY 17" is written in large, bold, blue, sans-serif capital letters.

CPVMA/ACPMV
Canadian Veterinary Medical Association
Association canadienne des vétérinaires

INSTAGRAM TAKEOVER



ST. MATTHEW'S
UNIVERSITY

Join a current St. Matthew's University School of Veterinary Medicine student as they take over the CPVMA's Instagram for a day! Learn more about what it's like to study abroad as a Canadian student.

JULY 17

2024 ANNUAL GENERAL MEETING

The Annual General Meeting (AGM) is an opportunity to learn more about the Canadian Pre-Veterinary Medical Association (CPVMA), our not-for-profit status, meet the CPVMA team, review our achievements and financial report for the year, understand the CPVMA Constitution and any amendments, and participate and vote in the external elections!

This year's AGM will be held on **Saturday, September 14th, at 2 PM EST virtually** via Teams.

For the next term, we are excited to announce more opportunities for members to get involved, including the introduction of:

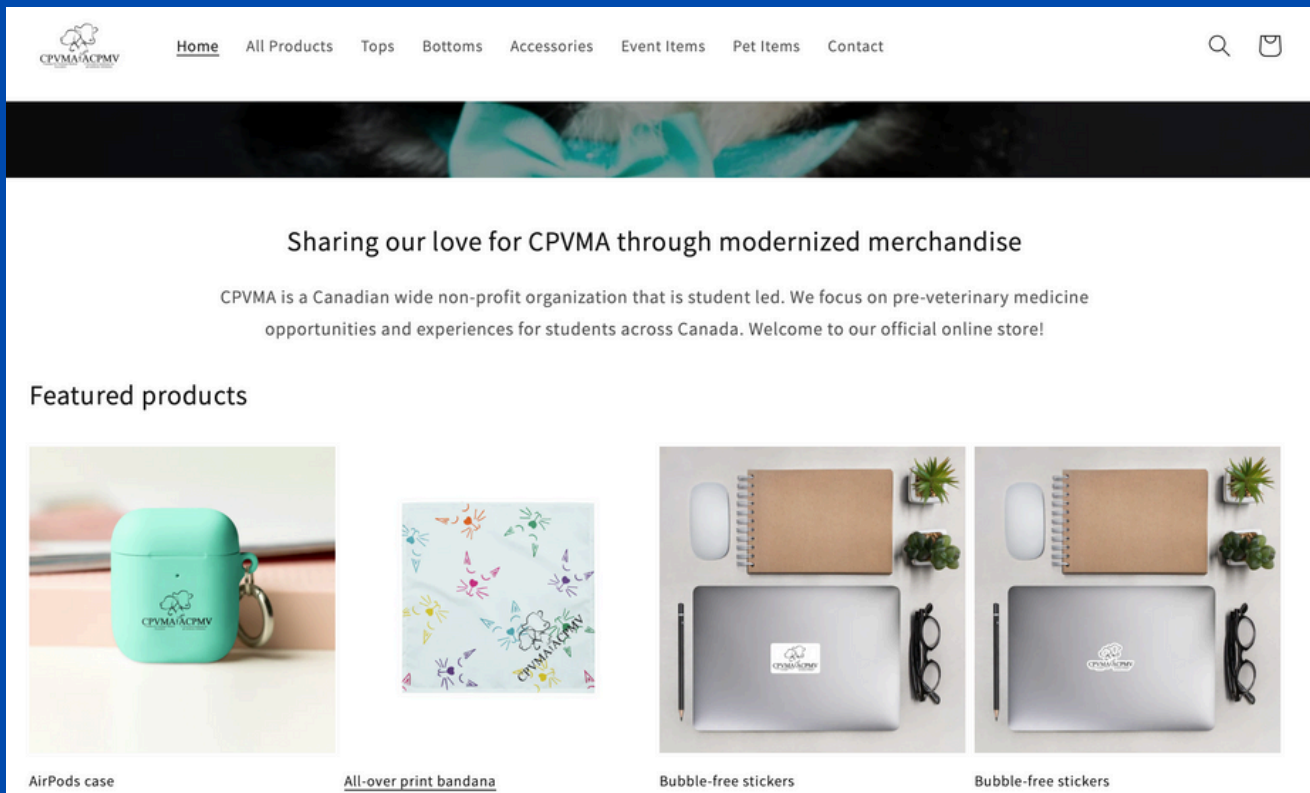
- **Junior Positions:** These roles are designed for new executives looking to take on leadership responsibilities in their respective fields. After a period of training under the returning (senior) executive member, they will gain a better understanding of the specific responsibilities included in the position.
- **Regional General Committee Members:** These positions are filled by members representing different provinces and regions in Canada, ensuring a country-wide range of perspectives and information flow. Interaction between regional committee members can help us stay updated on local pre-vet news.

More detailed descriptions of these positions, including commitments and responsibilities, are still being determined. Some of our existing executive positions will also be available after the internal election.

Those interested in joining the team can start by reading our existing Constitution to get a better idea of our goals as a not-for-profit organization. Please note that some parts of the document will be amended during the AGM to better regulate the association and update the public with our new changes.



MERCHANDISE STORE OPENED



We are thrilled to announce the grand opening of the official CPVMA merchandise Shopify store! Now you can proudly showcase your pre-vet student spirit and your membership in our incredible community with a fantastic range of exclusive merchandise. Here's what you can find in our store:

- **Stickers** - perfect for adding a touch of CPVMA pride to your notebooks, laptops, and more.
- **Pet Bandanas** - adorable and stylish accessory for your furry friends!
- **Water Bottle:** stay hydrated while showing off your dedication to the pre-vet journey.
- **Hat of all styles** - keep cool or warm in CPVMA-branded headwear selections of caps, hats, and beanies.
- **Clothes** - cozy t-shirts, hoodies, and sweatpants perfect for studying at home in comfort and style!

Shop Now:



ARTICLE OF THE MONTH

HOT WEATHER HAZARDS: PROTECTING VULNERABLE DOGS FROM RISING TEMPERATURES

With heat warnings issued in many Canadian provinces, this BC SPCA article highlights the sensitivity of dogs to hot weather and offers essential tips for ensuring their safety during the summer months.



THANK YOU SPONSORS!

PLATINUM



Thank You



BRONZE





The Canadian Pre-Veterinary Medical Association

WHO ARE WE?

The CPVMA is a student led, not for profit organization that aims to connect the pre-veterinary community across Canada. Our goal is to provide resources to pre-veterinary students and give them the opportunity to network with fellow peers and professionals in the field.



OUR EVENTS

- Held online and accessible from anywhere in Canada
- Feature veterinary professionals and current veterinary students
- Prepare pre-veterinary students for success in their future!

GET INVOLVED

- Volunteers are accepted on a rolling basis... visit our website to apply today!
- Check out our executive positions- elections take place at our Annual General Meeting

STAY INFORMED!



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www.cpvma.ca