



# MONTHLY NEWSLETTER

ISSUE 09

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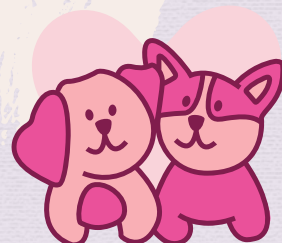
FEBRUARY 2025

## Save the Date: 2025 Symposium – May 2nd to May 4th!

The monthly newsletter is your go-to source for all things CPVMA. Stay connected with event updates, read articles of inspiring experiences shared by pre-vet and current vet students, new opportunities for animal experience. Keep up with our news and highlights to empower your journey into veterinary medicine. All our newsletters will be available to read in our Newsletter Archives on our website. Thank you for being a part of our community!

### Highlights of this issue:

- **2025 Symposium Updates- We're Going Hybrid!**
- **Vet Student Panel Recap**
- **Upcoming Event- Trivia Night!**
- **Executive Spotlight of the Month**
- **Article of the Month - Orphaned Cougar Kittens**



## Executive Team Updates

We are head over heels planning future events and are thrilled to bring you more updates! Firstly, our recent Ask A Vet Student event was filled with fantastic discussions and insightful contributions from our panelists. Thank you to everyone who attended and contributed to the conversation! We are also in the process of finalizing our speakers for the 2025 Symposium. An incredible lineup is in the works, and we'll be sharing more details about the event soon, so stay tuned! In addition, we are gearing up for a fun upcoming virtual trivia night event on March 8th, organized by our Fundraising Team. It promises to be a great time with some friendly competition, so don't miss it! Thank you for your continued support and enthusiasm.

Canadian Pre-Veterinary Medical  
Association

L'Association canadienne des  
pré-vétérinaires

by your junior VP of Public Relations

# 2025 Symposium Update

## Exciting News! - Hybrid Symposium

This year, we're taking our Annual Pre-Vet Symposium to the next level with a hybrid experience! Join us online from anywhere in the world—or attend our **synchronized in-person event in Toronto, ON!**

While our incredible speakers will be joining virtually, our Toronto hub offers you the chance to:

- ✓ Connect face-to-face with fellow pre-vet students.
- ✓ Network with CPVMA executives and meet some of our amazing sponsors.
- ✓ Experience the energy of a live event while enjoying the same great virtual content.

Spots for the in-person event are limited and will be available on a first-come, first-served basis, so be sure to secure your spot early! Whether you join us in Toronto or virtually, we can't wait to have you with us. Stay tuned for more details on registration soon!

This year's theme:  
*Sustainability in Vet Med*

Innovative labs, informative lectures,  
and networking opportunities

**SAVE <sup>THE</sup> DATE**

May 2nd – May 4th, 2025  
Online/In-Person  
(In-person location details to come)

# Vet Student Panel

## — Recap —

On February 16th, we hosted an inspiring and informative "Ask A Vet Student" panel, bringing together a diverse group of panelists with educational backgrounds from all five Canadian veterinary schools. The event provided invaluable insights into the veterinary school experience, application process, and tips for success.

Our Panelists:

- **Anjuka Gunasegaran** – Ontario Veterinary College UofG (**OVC**)
- **Seth Karg** – Atlantic Veterinary College UPEI (**AVC**)
- **Taylor Westbrook** – Western College of Veterinary Medicine USask (**WCVM**)
- **Melanie Demetrick** – University of Calgary Faculty of Veterinary Medicine (**UCVM**)
- **Dr. Alexane Harvey** – Faculté de Médecine Vétérinaire UdeM (**FMV**)

Key Takeaways:

- **Know Who You Are Outside of Veterinary Medicine**

The panelists emphasized the importance of maintaining a sense of identity beyond being a vet student. Pursuing hobbies, staying connected with loved ones, and prioritizing mental health are essential for long-term success and well-being.

- **Establish a Strong Support System**

Veterinary school can be challenging, but having a strong network of friends, family, mentors, and peers can make all the difference. The panelists shared personal stories about how their support systems helped them navigate the ups and downs of their journeys.

- **Find Your Study Style and Adapt**

The panelists encouraged attendees to experiment with different study methods during their undergraduate studies to discover what works best for them. Once in veterinary school, they advised tailoring strategies to each subject's demands, whether it's through group study, flashcards, or hands-on practice. Adapting early and staying flexible can set the foundation for academic success.

# Trivia Night

Join us for an unforgettable evening packed with learning, laughter, and a little friendly competition. Get ready to put your knowledge to the test—all trivia questions will be animal and pre-vet related!

**Date: March 8th at 7:30pm EST**

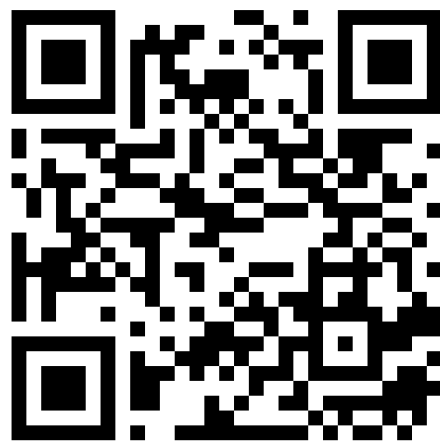
**Platform: Zoom**

**Registration Fee: \$5**

(E-Transfer to: [cpvma.acpmv@gmail.com](mailto:cpvma.acpmv@gmail.com))

**Prizes: Symposium Tickets and CPVMA Stickers!**

Register  
Here!





# *Executive Spotlight*

## **Meet Hin Yee**

Hello pre-vet students!

My name is Hin Yee, and I'm the Senior Vice President of Media at CPVMA. In this role, I manage our social media platforms and promote events, fostering a strong, supportive Canadian pre-veterinary community and raising awareness of the valuable resources available to students across the country. If you come across our social media posts or website, you will be seeing both the work of Mica (Junior VP of media) and me! :)



I am currently a second-year student at the University of Guelph majoring in Animal Biology. Studying in Guelph has given me access to a wealth of pre-veterinary resources, helping me refine my interests in veterinary medicine. At this stage, my goal is to become a veterinarian involved in research with a focus in large animal health, pathology, or oncology. My passion for research stems from my volunteer involvement in the Resilient Dairy Genome Project and my experience as a lab assistant in a poultry welfare lab. These opportunities allowed me to gain hands-on experiences with experimental setups and data collection, deepening my appreciation for how research directly impacts animal health and welfare.

To all my fellow peers who are on this pre-vet journey – this journey can be strenuous, but we've got this! One thing that I often hear from vet students when asking for their advice is to diversify our veterinary experiences through work or volunteer opportunities to gain a more comprehensive perspective on the veterinary field. It is also equally important to develop strong professional relationships with veterinarians and supervisors you work with, as well as expand your network through pre-vet events and extracurricular activities! The CPVMA annual symposium in May is a fantastic opportunity for connecting with veterinary professionals and pre-vet students!

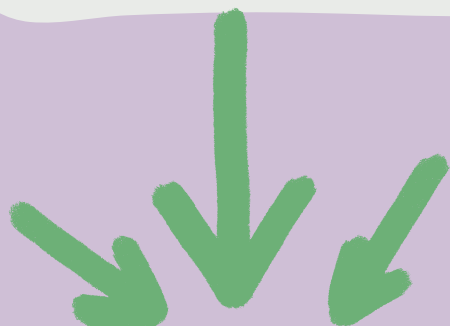
The path to veterinary school can be competitive, and it may take multiple application cycles or gap years to gain admission. It is so important to have faith in ourselves and be persistent. Most importantly, remember to take care of yourselves along the way and don't forget to have fun in high school/ undergraduate years!

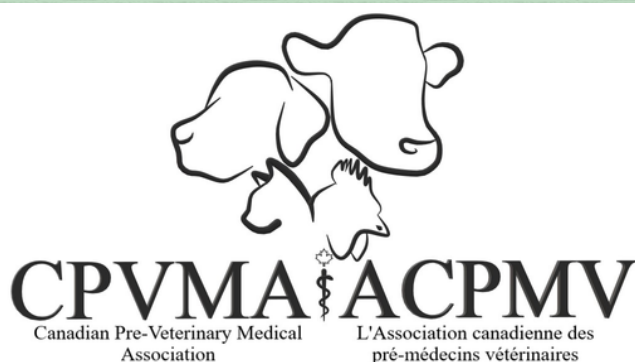
# Article of the Month

## Orphaned Cougar Kittens Find Temporary Home at Calgary Zoo

This month's featured article highlights two adorable cougar kittens who were found orphaned in Alberta's Bow Valley. Rescued by Alberta Fish and Wildlife, the kittens were taken to the Calgary Zoo, where they are now being cared for and assessed.

At just five to six months old, the kittens were too young to survive on their own. Thanks to the zoo's quick response, they now have a safe environment to grow and thrive. Their story underscores the importance of wildlife conservation and the dedicated care required to protect vulnerable species.





# The Canadian Pre-Veterinary Medical Association

## WHO ARE WE?

The CPVMA is a student led, not for profit organization that aims to connect the pre-veterinary community across Canada. Our goal is to provide resources to pre-veterinary students and give them the opportunity to network with fellow peers and professionals in the field.

## OUR EVENTS

- Held online and accessible from anywhere in Canada
- Feature veterinary professionals and current veterinary students
- Prepare pre-veterinary students for success in their future!

## SPONSORS NEEDED!!

CPVMA would not be possible without our generous sponsors. If you or your organization is interested in becoming a sponsor for the year 2024-2025 or have any questions please email us at [cpvma.acpmv@gmail.com](mailto:cpvma.acpmv@gmail.com)!

## STAY INFORMED!

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